

SPRING SPORTS 2023

Featuring Golf, Baseball, Softball, Track, Tennis & Trap from LUVERNE & Hills-Beaver Creek

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April 6, 2023

LHS Track & Field



Greg Hoogeveen photos/LHS track

Returning 2022 section qualifiers to the 2023 Luverne Track Team are (front, from left) Hailey Como, Anna Banck, Sarah Stegenga, Jenna DeBates, Bella Oye, Kayla Bloemendaal, Cassi Chesley, Andrea Luitjens, (middle) Hannah Sneller, Elizabeth Wagner, Jocelyn Hart, Ella Schmuck, Tiana Lais, Makena Nelson, Kendra Thorson, Corynn Oye, Maria Rops, Jadyn Hart, (back) Zach Terrio, Darius Dolo, Coulter Thone, Lucky Dara, Gavin DeBeer, Tyler Rolfs, Ashton Hood, Eli Woodley, Ryan Fick, Camden Janiszkeski, Owen Janiszkeski and Sage Viessman.

Luverne track team looks to continue tradition of excellence and build on success

By Greg Hoogeveen

Luverne High School track and field coach Peter Janiszkeski is optimistic about the upcoming spring season.

"We are looking forward to creating the best team we can with the kids that are in our program," he said.

"Getting the kids into the right places so that they can grow, improve and contribute to our team is always one of our main goals."

Janiszkeski said succeeding at True Team competition is always an important focus for his athletes.

"We are trying to develop depth in all 18 events and how we can cater to our strengths as a team," he said.

That is no small task with 45 boys and 56 girls on this year's team roster. However, Janiszkeski is up to the challenge with 23 years of coaching experience, 21 in Luverne, and the past seven as head coach of the Cardinals' track and field program.

"I love the challenge of motivating, mentoring, inspiring and encouraging young people to become the best version of themselves," he said.

"The team is the most important part to me. How do I help a group of individuals buy in to doing their part to create the best team possible?"

He also has four experienced assistants to help him manage the team. They are Jodi Nelson, Corey Nelson, Katelyn Hart and Cole Meester.

Janiszkeski said his goals for the season are clear. "We strive to get a little better today than we

"I love the challenge of motivating, mentoring, inspiring and encouraging young people to become the best version of themselves."

— Peter Janiszkeski
LHS track and field head coach

were yesterday," he said.

He'll look to his senior athletes for leadership and will nurture younger ones to step up.

"All of our seniors are our leaders, but I'm a firm believer that leadership is a choice," he said. "We all have a choice to do the right things, make the right choices and be leaders."

This year's boys' track athletes include a solid mix of seasoned and newer athletes.

The seniors include Camden Janiszkeski, Carsen Tofteland, Micah Andersen, Anyuon Atem and DJ Rock.

Juniors are Ryan Fick, Zach Terrio, Gavin DeBeer, Tyler Rolfs, Isaac DeBates and Nathan Kinsinger.

Sophomores include Sage Viessman, Owen Janiszkeski, Elijah Woodley, Keaton Ahrendt, Eli McLendon, Lucky Dara, Leif Ingebretson, Chris Bonilla, Ryker Johnson, Ashton Hood, Coulter Thone, Dylan Ommen, Jack Gangelstad, Masyn Akkerman, Adam

Ask and Linkon Knorr.

Freshmen athletes are Damien Ahrendt, Dawson Holtz, Treven Bell, Trayton Sayavong, Riley Ripka, Zander Fountain, Logan Mann, Levi Huisman and Aaron Kindt.

Eighth-graders include Darius Dolo, Coy Thone, Marcus Papik, Ashton Pick, Hudson Hough, Asher Barron, Jaymyn McLaughlin and Danny Aning.

And Keegen Crow is the lone seventh-grader on the team.

The Cardinal girls' track and field team members have a strong mix of senior leadership and newcomers.

Senior athletes include Elizabeth Wagner, Tiana Lais, Jocelyn Hart, Jadyn Hart, Isabella Oye, Grace Ingebretson and Josie Anderson.

Juniors are Jenna DeBates, Makena Nelson, Kayla Bloemendaal, Roselynn Hartshorn, Abby Boltjes, Sarah Stegenga, Cassi Chesley, Brynn Boyenga, Bridget Thielbar, Morgan Hadler,

Skylar Vander Steen, Hallie Bork and Valeria Cazares.

Sophomores are Kendra Thorson, Andrea Luitjens, Maria Rops, Hailey Como, Jaycee Chapa, Hannah Sneller, Augusta Papik, Corynn Oye, Emma Nath, Jaelyn Arp and A'shaylah Davis.

Freshmen athletes include Elizabeth Mulder, Ella Schmuck, Anna Banck, Maddy Schepel, Ava Sieve, Adelyn Rodriguez, Ella Apel, Hannah Woodley and Jaina Fountain.

Eighth-graders are Olivia Lund, Reinha John, Marlee Nelson, Elaine Nath, Anna Reisdorfer, Madysen Reber and Lilly Johnson.

Seventh-grade team members are Lauren Peters, Emmery Huiskes, Taya Johnson, Jerzey Hood, Luella Johnson, Natalie Berning, Baylee Smidt, Emma Jacobsma and Emma Wieneke.

Last year Luverne swept the Section True Team titles, with the LHS girls' team placing second and the boys' team placing fourth at State True Team.

As for the conference, the Luverne girls placed first and boys placed second in the subsection.

The Cardinals swept the MSHSL section titles for the second year in a row.

The girls placed fifth and the boys placed fourth at the MSHSL State Meet.

Janiszkeski said he looks forward to building on those successes.

"I just hope to continue on the tradition of excellence of Luverne track and field that was established by the coaches and athletes that came before me," he said.

H-BC Track & Field



Greg Hoogeveen photos/HBC track

Returning letter winners that look to lead the Patriots in 2023 are (front, from left) Brayden Metzger, Beau Bakken, Cooper Gehrke, Eli Taubert, James VandenBosch, (back) Larissa Steinhoff, Brynn Rauk, Layla Deelstra, Abbie Harris, Bailey Spykerboer, Brynn Bakken and Emma Deelstra.

Hills-Beaver Creek track team 'hungry to get better' with help from team leaders

By Greg Hoogeveen

The Hills-Beaver Creek High School track and field team looks to build on last season's successes, according to coach Rex Metzger.

"It's difficult for us as a small school to fill all the events at the meets, but the ones we can fill, we feel like we are going to compete and do well," he said.

"We have a great group of kids once again this year. We have about 45 kids, which I feel is pretty good for a smaller school."

Metzger has been the head coach for the past 12 years and is assisted this year by Dalton Bass and Darin DeBoer.

The Patriots have only two seniors out this year, Brayden Metzger and Eli Taubert.

"They are both great kids and hard workers, and I look to lean on them for leadership," Metzger said.

"They will both contribute in different ways. Brayden Metzger will be throwing shot put and discus

"They come to practice every day with a great attitude and are hungry to get better."

— Rex Metzger

H-BC track and field coach

while Eli Taubert will be running sprints and will be on our sprint relays."

He said the Patriots have a long history of producing solid sprinters and successful relay teams.

"Last year we got seventh place at state in the girls' 4-by-100-meter relay, with Brynn Rauk, Abbie Harris, Layla Deelstra, and Brynn Rauk," Metzger said.

He added that Bakken, as a seventh-grader last year, placed seventh in the open 100-meter dash in state competition.

"We have a great bunch of kids that work hard in the weight room all year, and all

participate in our Summer Speed Training during the months of June and July, which we feel helps us out during the track season as well," Metzger said.

"They come to practice every day with a great attitude and are hungry to get better."

The H-BC Patriots track and field 2023 roster includes a mix of experienced athletes and promising newcomers.

The boys' varsity roster also includes Jacob Wallin, Wyatt Shimp, Bode Kruger, Mason Shaffner, EJ Wegner, Gavyn Leuthold, Jamin Metzger, Micah Bush, James

Peterson, Sawyer Bosch, Lukas Hubbard, Blake Leenderts, Beau Bakken, Jackson Gacke, James VandenBosch, Cooper Gehrke, Riley Tatge, Brayden Metzger and Eli Taubert.

The boys' JV roster includes Jed Fagerness, Riggins Rheault, Keaton Huisman, Brekken Boen, Maddox Metzger, Gunnar Bork, Brodie Metzger, Jace Gacke, Karson Metzger and Max Sammons.

The girls' track roster includes Izzy Wysong, Ella Sammons, Ally Birger, Abbie Harris, Bailey Spykerboer, Emma Deelstra, Layla Deelstra, Brynn Rauk and Larissa Steinhoff.

The girls' JV roster includes Ava Steinhoff, Ava Rainford, Carrie Merson, Brynn Bakken, Tabitha Sjaarda, Hailey Moser, Reagan Spath, Brooklyn Hubbard, Katelyn Chesley, Kenzie Hellerud, Tatyana Williams, Ruby Susie, Jessica Sjaarda, Lily Top, Ella Rheault, Sage DeBoer and Bryston Teune.

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LHS Baseball Team



Greg Hoogeveen photos/LHS Baseball
 Luverne High School baseball team leaders for 2023 include (front, from left) Riley Sneller, Kai Buss, Will Serie, Elliot Domagala, Carter Sehr, (back) Patrick Kroski, Zach DeBoer, Jacob Stroh, Tyler Gebauer and Conner Connell

Cardinal baseball team to compete for every win for a shot at playoffs

By Greg Hoogeveen

The Luverne High School baseball program is coming off a successful 2022 season when it reached Section 3AA semi-finals.

However, that may be a tough act to follow, according to head coach Phil Paquette who said this year's team is young and relatively inexperienced.

The Luverne baseball team graduated four of their top five in the batting order, three of their top four pitchers, a senior catcher, and the left side of their infield from last season.

"We look forward to the competition for those positions and roles on the team this season," Paquette said. "We have a young group with solid potential for success in the coming years."

He said there will be opportunities in all positions for advancement.

"We need team leadership from our players,"

"We have a young group with solid potential for success in the coming years."

***— Phil Paquette,
LHS baseball head coach***

Paquette said.

"That leadership will transition into effort and energy throughout the team, top to bottom, as we compete throughout the season."

As players settle into their positions, Paquette said he is looking for specific attributes.

He said they should be "coachable, accountable, show effort and leadership, athleticism, mental toughness and discipline in their daily activities."

This year's roster includes seniors Tyler Gebauer, Zach DeBoer and

Riley Sneller; juniors Elliot Domagala, Conner Connell, Will Serie, Kai Buss, Patrick Kroski and Jacob Stroh; sophomores Trevor DeBates, Marcus Vortherms, Layke Miller, Alex Schlosser, Jesse Anning, Landon Ahrendt and Carter Sehr; and freshmen Connor Bose, Jaydon Johnson, Josh Hansen, Landyn Lais, Blake Sauer, Jaxon Lais and Kasey Buss.

"Starting pitching will be a strength of ours," he said.

"We look to improve our defensive play and

approach at the plate. We will need to get creative in the batter's box and on the base paths to produce runs."

Assistant LHS baseball coaches are Jake Haugen, Derek Elbers and Mark Sterrett. Team managers are Mallory Nelson and Jocelynn Mann.

Paquette has been coaching baseball for the past 10 years, eight as a varsity assistant and two as the head coach.

"I felt that coaching would be a good way to stay connected to the sports that I am passionate about and a way to help Luverne student athletes reach their potential, achieve their individual and team goals, and have fun playing a team sport," Paquette said.

For his 2023 season goals, Paquette said he wants his team to "... compete to win every game, every inning, every out, and every at bat."

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H-BC Golf Teams

H-BC golf team young with many new faces on boys' and girls' teams

By Greg Hoogeveen

This year's Hills-Beaver Creek golf roster has many new faces on the boys' and girls' teams, according to head coach Dan Ellingson.

"They do have recreational golf experience," he said. "So we are not starting from scratch. That is a plus."

The H-BC golf program lost two varsity senior girls to graduation and four senior varsity boys from last year's squad.

They include Austin Allen, an All-Conference honoree for the boys, and Tess Van Maanen, an All-Conference and All-State performer for the girls.

The lone returning letter winner for the girls in 2023 is freshman Abby Olson, and the boys will look to establish new leaders.

"We will have a new look for both teams," Ellingson said.

"We will not field a full girls' varsity at this time; we will need some experience before we can do that."



Greg Hoogeveen photos/HBC boys golf
H-BC boys' golf team returns one senior, Brock Harnack to this year's team.

As for the boys, Ellingson said he'll have a full varsity team, with player positions yet to be determined.

This year's roster will have 17 golfers.

The 12 boys include

senior Brock Harnack, junior Cooper Gehrke, sophomore Cameron Allen, freshmen Callum Bartels, Micah Bush, Jack Kruger, Josh Ternus and Jacob Tiesler, eighth-graders Cam-

"They (new team members) do have recreational golf experience, so we are not starting from scratch."

— Dan Ellingson

H-BC boys' golf head coach

dyn Broesder and Tryg Tollefson, and seventh-graders Garrett Blank and Braxton Kaiser.

The five girls include junior Taylor Spykerboer, sophomore Gracie Fagerness, freshman Abby Olson, and seventh-graders Aspyn Bartels and Norah Top.

When assessing his players' strengths and abilities, Ellingson said he considers many attributes, including character and leadership.

"I look for positive attitude, how well the player takes direction

and how well they apply practice learning the game and meet situations," he said.

Ellingson has been a high school coach for 37 years, 33 at Hills-Beaver Creek.

He said he went into high school coaching because of his experiences as a high school player in Granite Falls.

"My coaches were great educators," he said.

"They made coaching look enjoyable, made my experience enjoyable, and I wanted that experience."

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LHS Golf Teams

LHS girls' and boys' golf teams lean on returning players and look to nurture new golfers

By Greg Hooegeven

The Luverne girls' golf team looks to nurture new golfers and lean on returning varsity players this season, according to head coach Chris Nowatzki

"We have many new participants this year, so it will be exciting to see how they progress and the contributions they make toward the program," he said.

"We have returning varsity competitors in senior Lauren Hansen, junior Perceyis Trierweiler and senior Abby Anderson. We also have some returning JV athletes who will be moving up to fill empty slots in the varsity roster."

The girls' golf roster will be rounded out with seniors Jacie Graham and Averill Sehr; juniors Ella Halverson and Addison Huiskes; sophomore Kaylie Vander Lugt; freshman Paula Martinez; and seventh-grader Ingrid Mostad.

"These are a great group of girls who worked hard last year and had fun being together," Nowatzki said.



The Luverne girls' golf team returns four seniors, (from left) Mallory Von Tersch, Abigail Anderson, Lauren Hansen and Averill Sehr.

Greg Hooegeven photos/LHS girls golf

"Our goal is always to be competitive and work on continually improving as the season progresses."

**— Chris Nowatzki
LHS girls' golf team head coach**

"And I don't expect anything less for this year,"

He said his season goals will be modest and consistent.

"Our goal is always to be competitive and work on continually improving as the season progresses and into the playoff schedule at the end," he said.

Nowatzki has been coaching high school sports for 36 years. Of those, 35 have been as a golf coach.

He said it's been rewarding to work with student athletes through the years.

"Initially, coaching was just part of the job, but I have stayed with coaching because I think extra-curricular activities are often where students learn about working together to achieve a goal, overcoming adversity, sharing in losses and successes, and developing good work ethics and habits," Nowatzki said.

"What I would like to see in my athletes is a drive to excel. We may not win all the time, but if we continue to improve, I see that as a successful season."

By Greg Hooegeven

The Luverne High School boys' golf team will rely on the returning student leadership this coming year, according to head coach John Sichmeller.

"We have a very strong returning group, and I am excited to see them build on the success that they had last year," he said.

"We are also excited to see how some golfers have improved and how much they will contribute to the team this year."

This will be Sichmeller's 12th year coaching the Cardinal boys' golf team.

"I love the game of golf and enjoy watching the players learn and develop," he said.

He's assisted by Ben Nath in coaching the team.

Senior Brady Bork is Luverne's only senior on this year's team. "He is one of our most experienced



Brady Bork returns to the boys' golf team this year as the only senior.

Greg Hooegeven photos/LHS boys golf

players," Sichmeller said.

Junior Henry Hartquist returns this year as a team leader, having participated in state competition in 2022.

He turned in an impressive 2-under par round of 70 in the second round of section play to finish as the Section 3AA individual runner-up.

Hartquist was the first LHS golfer to take part in the state meet since 2016.

Juniors Owen Sudenga and Tyler Arends will also be considered leaders going into the 2023 season.

This year's team also consists of junior Tucker Banck, sophomore Levi Gonnerman, eighth-graders Will Bergman, Andrew Deutsch, Martin Fick, Dylan Hoff and Charles Mostad and seventh-graders Saul Hoven and Jaiden Klay.

Looking toward the new season, Sichmeller said the team's goal will be to win the section team meet and qualify for the state tournament.

"We have a lot of kids that really love golf," he said.

"And I am excited to see their progress throughout the season."

"Luverne High School boys' golf team will rely on the returning student leadership"

**— John Sichmeller
LHS boys' golf team head coach**

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LHS Softball Team

LHS softball team to use athleticism to build success

By Greg Hoogeveen

The Luverne High School softball team looks to lean on returning players and successes to carry them past the section finals this year, according to coach Brooks Maurer.

"We have eight girls returning from last year that all had various levels of varsity experience," he said. "We will look to all of them to show leadership qualities throughout the season."

He said he'll rely on the leadership of seniors Carly Olson and Kaysie Lenz to help the other players improve as a team.

"We'll need to use their athleticism to the team's advan-

tage," Maurer said.

"This year's team is packed with girls who have prior success this season in other sports."

He said they'll build on those successes to help the 2023 softball season.

"We have girls on the softball team that played in a section basketball championship game, state hockey, state gymnastics, state tennis and state girls' wrestling," he said.

Maurer is in his seventh season as the head coach of the softball team and is assisted by Tara Sudenga and JJ Olson.

"I became a coach because my dad coached high school



Greg Hoogeveen photos/LHS softball
The Cardinal softball team returns two seniors, Kaysie Lenz (left) and Carly Olson, to this year's team.

football and middle school wrestling and baseball plus my mom is an athletic director," Maurer said.

"I had a lot of influential coaches in my life growing up, and I want to make the same impact on kids that coaches have made on my life."

He said he's inspired by the athletes' drive to succeed.

"Seeing all the hard work the girls have put into the softball program over the past seven years and creating an environment ... it isn't just about winning, but also about being good teammates."

This year's roster includes seniors Kaysie Lenz and Carly Olson, juniors Elizabeth Smidt, Tori Serie, Kenedee Francken, Anika Boll and Gracie Nath, and sophomores Regan Mehlhaff, Ella Reisdorfer, Amira Cowell, Maren Stegenga, Payton Behr, Caitlin Kindt and Piper Wynia.

LHS Tennis Team

LHS tennis team in rebuilding year

By Greg Hoogeveen

After several years in a row of earning trips to state, the Luverne High School boys' tennis team is looking this year to rebuild its program.

Having graduated 10 seniors last year, seven of them starters, and introducing a new coach, the 2023 team will focus this year on fundamentals.

Nathan Rud has stepped into the head coach role this season, assisted by Corey Stroeh.

"Our focus this year is to, over the course of the season, have fun playing tennis while developing sound swing mechanics," Rud said.

"This will help the younger players transition to varsity positions."

Luverne returns two starters to the team, seniors Ethan Nath and Logan Ommen.

Ommen returns as an All-Conference Honorable Mention player last season.

Rud will work with a roster of 11 total players.

They include seniors Ross Bergman, Parker Carbonneau, Ethan Nath and Logan Ommen, sophomores, Kaleb Hemme and David Happeny, freshmen Zander Carbonneau, Elijah Henrichs, Caleb Kracht and Austin Sandbulte.

As of March 27, the Luverne tennis courts were under several inches of snow.

LHS custodial staff members, with help from students and volunteers, have since then cleared the courts of snow in order to allow the sun to successfully remove the ice underneath.

The Cardinals played their first season matches April 1 in the indoor Swanson Tennis Center at Gustavus Adolphus College in St. Peter.

Their first home event is set for April 14, weather permitting, against Fairmont.



Greg Hoogeveen photos/LHS tennis
The Luverne boys' tennis team is led by four senior players, (from left) Ross Bergman, Parker Carbonneau, Ethan Nath and Logan Ommen.

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H-BC Trap Team



Greg Hoogeveen photos/HBC trap

Hills-Beaver Creek trapshooting team members include (front, from left) Lukas Hubbard, Clayton Kellenberger, Olivia Bork, Blake Leenderts, Sawyer Bosch, Alexis Gardner Swenson, (back) Luke Fuerstenberg, Cooper Gehrke, Cameron Allen, Jack Moser and Cody Moser. Not pictured are Jayden Kueter, Alex Harris, Cael Noteboom and Johnathan Tiesler.

H-BC trap shooting team to rely on leadership and shooting skills from upperclassmen

By Greg Hoogeveen

The Hills-Beaver Creek trap shooting team is looking to build success in the 2023 season with upperclassman leadership and strong participation numbers.

“The upperclassmen and those who have experience are our leaders,” said head coach Travis Dwire.

“They will show the techniques they have learned and will encourage our younger shooters along the way.”

The Patriots trap team has 29 active members.

“We added sixth grade this year and also welcome students from Hills Christian,” said Dwire, who is in his third year as the head coach for H-BC’s trap team.

“I enjoy the sport and wanted to see it continue, so I offered to take on the role.”

He said assistant coaches for the team are volunteers and parents willing to commit to the season and help wherever needed.

“We have a great group of parents with backgrounds in safety, the sport, and a heart for coming in and being a part of the team,” Dwire said.

The assistant coaching staff for the team include Arlyn Gehrke, Kraig

“The Hills-Beaver Creek trap shooting team is looking to build success in the 2023 season with upperclassman leadership.”

— Travis Dwire

H-BC trap shooting head coach

Scholten, Stacey Bork, Laura Leenderts, Aaron Blank, Scott Harris and Shaun Hubbard.

Trap shooting team members practice and complete competition rounds at the Garretson, South Dakota, Sportsmen’s Club.

The Patriots participate in a five-week season, shooting two 25-target rounds each week.

Scores are entered weekly to the Minnesota State High School Clay Target League.

H-BC is assigned to a conference based on the size of the team.

Each week students are recognized for shooting perfect rounds.

“All students can compete if they have passed hunter safety and

completed registration,” Dwire said.

“We encourage all students who come in to have a good attitude, be ready to learn, work for themselves and their team and express good sportsmanship.”

The Patriots’ trap shooting team members include 23 boys and five girls.

The boys are seniors Luke Fuerstenberg, Alex Harris and Cody Moser, junior Cooper Gehrke, sophomores Cameron Allen, Sawyer Bosch, Lukas Hubbard, Blake Leenderts, Jack Moser and John Tiesler, freshmen Clayton Kellenberger and Michael Ykema, eighth-graders Camdyn Broesder

and Hunter Leenderts, seventh-graders Garrett Blank, Brekken Boen, Gunner Bork, Keaton Huisman, Karson Metzger, Maddox Metzger and Max Sammons, and sixth-graders Gracyn Wegener and Cash Wilsey.

The girls on the team include senior Olivia Bork, junior Alexis Gardner Swenson, freshman Jayden Kueter, eighth-grader Brooklynne Hubbard and sixth-grader Karis Dwire.

Last season the H-BC trap team ranked third in Conference 3A, and individually Journey Dwire took first place and Danette Leenderts took eighth place in the Conference 3A female competition.

Cooper Gehrke placed eighth in Conference 3A.

Coach Dwire said he’s looking forward to the upcoming season with his young team and continuing to build on team skills.

His goals are “... to have good attendance, continuous individual and team improvement, strong presence in numbers, competition at state tournaments and make great memories this year.”

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LHS Trap Team



Greg Hoogeveen photos/LHS Trap
The LHS trap shooting team returns a solid group of leaders for the 2023 season. They include (front, from left) Tyson Cowell, Jacob Henning, Cameron Wieneke, (back) JT Remme, Grant Wieneke, Austin Ossefoort and Lucas Hansen.

LHS trap shooting team eyes a run at state level competition in 2023 season

By Greg Hoogeveen

The Luverne High School trap shooting team will rely on a solid group of upperclassmen for leadership in the 2023 season.

Head coach Scott Loosbrock has led the team for seven years and said he's optimistic for post-season competition this year.

"Trap shooting is a sport of concentration. Focus is key to success," Loosbrock said.

"We are looking to have a good year with a great group of seniors, and we hope to be making a run at team state this year."

He said last year Hunter Ahrendt was the first shooter from Luverne to compete in the Minnesota State High School League Clay Target Tournament.

Ahrendt eventually finished his state appearance in 16th place.

"This should show the kids that hard work can pay off," Loosbrock said.

"At the beginning of the year some kids may shoot a score of one or two points, and by the

"We are looking to have a good year with a great group of seniors and we hope to be making a run at team state this year."

— Scott Loosbrock

LHS trap shooting head coach

end of the season they score a 10 or more."

The 2023 LHS trap shooting team roster includes Landon Ahrendt, Cash Bonnett, Morgan Bonnett, Tyson Cowell, Alex Dewispelaere, Fox Forrest, Lucas Hansen, Jacob Henning, Samuel Honerman, Gavin Hoven, Andrew Kinsinger, Linkon Knorr, Jacob Madison, Lucas Madison, Austin Morseman, Liam Murphy, Makayla Oechsle, Austin Ossefoort, Holden Overgaard, David Rathman, Jaden Reisch, JT Remme, Rayann

Remme, Tucker Remme, Sawyer Saker, Grant Wieneke, Cameron Wieneke and Piper Wynia.

This list includes grades 9-12 boys and girls from both Luverne and Adrian districts.

Loosbrock said he's proud of the recent interest in the program among both middle school and high school students.

"Back when we started the team, we had 12 kids," he said. "Today we have 68 kids shooting from grades six to 12. ... It's

a sport kids can do their entire life."

He said his assistant coaches for the trap team are well trained in how trap shooting works, and he's looking for an eventual head coach to take over.

Assistant coaches include Doug Deutsch, Rick Ossefoort, Delbert Gangestad, Rich DeSchepper, Joe Loosbrock, Curtis Honerman, Dave Stearns and Tom Remme.

Team managers are Anitra Overgaard, Julie Wynia and Lisa Loosbrock.

The high school league will compete in five weeks of competition.

Each week, trap teams across Minnesota shoot two 25-clay rounds with a perfect score being 50 points.

The season culminates in the trapshooting championships in Alexandria in June followed by the Minnesota High School League State Tournament.

Scores from the athletes in the local high school league count toward conference standings.

Good Luck to the
COACHES and ATHLETES

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